

WSTD 2024

World Schema Therapy Day

'A day to share knowledge , exchange ideas, build bridges and foster collaboration '

An Online Programme on the 12th October 2024

Hungary Programme



INTERNATIONAL SOCIETY OF
SCHEMA THERAPY



WSTD 2024

World Schema Therapy Day



Hungary Programme

Schema Therapy and Training Center Budapest by the Hungarian Society of Schema Therapy offers for the World ST Day in Hungary.

7PM-9PM 12th October 2024 – Schema Therapy webinar – Lead: Andrea Balint

A Virtual public event for 100 participants providing an introduction into Schema therapy. Participants can get to know the schemas, and meet schema therapists and trainee schema therapists and consultants working in our training center and providing schema therapy and consultation. In the free to attend webinar we answer all the questions of participants about Schema Therapy. Lead: Andrea Balint, and her colleagues from the Schema Therapy and Training Center Budapest
Application for the program: <https://forms.gle/FKU9qHG6VSgchBph8>

12th October 2024 - 1 hour education class

Mariann Thandary -Kovacs in her home-town, Szeged offers a shorter, 1 hour education class about the methods of Schema Therapy, applied in individual, couple and group sessions.

Application for the program:

<https://www.facebook.com/events/2874103962727635>

12th October 2024 – YouTube Channel

We also dedicate the launch of the Youtube channel of our institute for the World ST Day

YouTube Channel: <https://www.youtube.com/@isstsematerapiaestrening2924>

11th September 2024 – Free Education Class for the parents of nursery-age children

by Tamas Kis, counselor and health psychologist. By the world Day of ST, the recording of this education class will be shared on the new youtube channel of our Training Center. Main themes: Core emotional needs, good enough parenting and the origin of the maladaptive schemas.