

WSTD 2024

World Schema Therapy Day

'A day to share knowledge , exchange ideas, build bridges and foster collaboration '

An Online Programme on the 12th October 2024

Turkey Programme



INTERNATIONAL SOCIETY OF
SCHEMA THERAPY



Turkey Programme for Professionals

Time	Activity	Presenter	Topic
09:30-10:00	Opening Ceremony	Psy. Dr. Petek Akgün, ISST Certified Advanced Level Individual Schema Therapist	Welcome
10:00 - 10:45	Presentation 1	Psy. Dr. Reyhan Nuray Duman, ISST Certified Advanced Level Individual Schema Therapist	Integrative Approaches in Schema Therapy: The Use of Polyvagal Theory and Somatic Experiencing in Schema Therapy
10:45 - 11:30	Discussion 1	Dr.Mahmut Emre Kızıl, ISST Certified Advanced Level Individual Schema Therapist Dr. Emel Gürün Derya, ISST Certified Advanced Level Individual Schema Therapist	Mood and Impulse Control Disorders from the Perspective of Schema Theory
11:30 - 11:45	Coffee Break		
11:45 - 13:00	Workshop 1	Prof. Dr. Esra Yancar Demir, ISST Certified Advanced Level Individual Schema Therapist and Supervisor	Schema Therapy in Eating Disorders
13:00 - 13:45	Lunch		
13:45 - 14:30	Case Analysis	Hande Sena Işın, ISST Certified Advanced Level Individual - Standard Level Couple Schema Therapist Psy. Dr. Petek Batum Akgün, ISST Certified Advanced Level Individual Schema Therapist Psy. Dr. Uğurkan Ulutürk, ISST Certified Advanced Level Individual Schema Therapist	Case Analysis
14:30-15:15	Discussion 2	Psy. Dr.Ayla Hocaoğlu Uzunkaya ISST Certified Advanced Level Individual Schema Therapist Buse İmdat, ISST Certified Standard Level Schema Therapist Ezgi Göcek Yorulmaz, ISST Certified Standard Level Schema Therapist	The Transmission of Schemas from Parent to Child
15:15-16:30	Workshop 2	Psy. Dr. Esra Ersayan, ISST Certified Advanced Level Individual Schema Therapist & Supervisor & Trainer	Chairwork for Mode Labeling and Case Formulation

Turkey Programme for Professionals

Time	Activity	Presenter	Topic
16:30-16:45	Coffee Break		
16:45-17:30	Panel	Berat Arifoğlu Zaimoğlu, ISST Certified Advanced Level Individual Schema Therapist Yağmur Vardar, ISST Certified Standard Level Schema Therapist	Mode Practices and Experiential Techniques for Narcissistic Personality
17:30-18:15	Presentation 2	İlgın Şirin, ISST Certified Advanced Level Individual Schema Therapist Ester Deveci, ISST Certified Standard Level Schema Therapist Merve Balkaya, ISST Certified Standard Level Schema Therapist	An Examination of Possible Modes in Dependent Personality Disorder
18:15-18:35	Research Presentation 1	Psy. Dr. Petek Batum Akgün, ISST Certified Advanced Level Individual Schema Therapist Sevilay Gül Sakar, PhD. Candidate in Clinical Psychology Psy. Dr. Tubanur Bayram Kuzgun	Schema Modes and Temperament in the Dark Triad
18:35-18:55	Research Presentation 2	Psy. Dr. Petek Batum Akgün, ISST Certified Advanced Level Individual Schema Therapist Burcu Korkmaz Yayın, ISST Certified Standard Level Individual Schema Therapist	Examining the Psychotherapeutic Process of Change in Women Exposed to Sexual Assault: A Schema-Focused Approach
18:55 - 19:25	Closing Ceremony	Psy. Dr. Esra Ersayan, ISST Certified Advanced Level Individual Schema Therapist & Supervisor & Trainer & ISST National Certification Coordinator	Briefing on the ISST Certification Process and Closing

The program will be held in Turkish

The program will be online via Zoom

Turkey Public Programme

Time	Activity	Presenter	Topic
10:00-10:30 (GMT+1)	Opening Ceremony	Psy. Dr. Petek Akgün, ISST Certified Advanced Level Individual Schema Therapist	Opening Talk (Psychotherapy: What It Is, What It Isn't – Myths vs. Reality)
10:30-11:15 (GMT+1)	Seminar	Prof. Dr. Esra Yancar Demir, ISST Certified Advanced Level Individual Schema Therapist and Supervisor	Schema Therapy; Our Schemas, Core Needs, and Coping Mechanisms
11:15-12:00 (GMT+1)	Seminar	Berat Arifoğlu-Zaimoğlu, ISST Certified Advanced Level Individual Schema Therapist	Effective Parenting from the Perspective of Schema Therapy: Healthy Adults of the Future
12:00-12:15 (GMT+1)	Coffee Break		
12:15-13:15 (GMT+1)	Movie Analysis	Psy. Dr. Petek Batum Akgün, ISST Certified Advanced Level Individual Schema Therapist & Funda Doğan, Clinical Psychologist	The Movie "Everything, Everywhere, All at Once": 'Change' -Not with the Hindrance of the Past, but with its Help
13:15-14:00 (GMT+1)	Discussion and Closing	Psy. Dr. Esra Ersayan, ISST Certified Advanced Level Individual Schema Therapist & Supervisor & Trainer & ISST National Certification Coordinator	The Octopus: A Metaphorical View of The Healthy Adult Mode
		Clinical Psychologist Deniz Bolsoy	Understanding The Victim Mode: Poor me!

The program will be held in Turkish

The program will be online via Zoom