

WSTD 2024

World Schema Therapy Day

'A day to share knowledge , exchange ideas, build bridges and foster collaboration '

An Online Programme on the 12th October 2024

Russia Programme



INTERNATIONAL SOCIETY OF
SCHEMA THERAPY



Russia Programme

10th of October

16:00-18:00 - Moscow time (UTC+3)

Moscow Institute of Schema Therapy in collaboration with Faculty of Clinical Psychology at Russian University of Medicine

Interactive webinar for psychology students: “What is schema-therapy and how it can help improve mental health”.

12th of October

11:00-13:00 - Moscow time (UTC+3)

Moscow Institute of Schema Therapy in collaboration with Faculty of Clinical Psychology at Russian University of Medicine

Symposium (on-line) “What research is being done in schema therapy in Russia?”

14th of October

17:00- 18:00 - Moscow time (UTC+3)

Moscow Institute of Schema Therapy

Interactive webinar for schema therapists: “AI technology in schema therapy practice - schema bots that can assist patients address complex problems between sessions”.

Registration form soon will be available at <https://schema-therapy.ru>